

# Kentucky Hot Menu

513-244-5485



# May 2024

		1 Wednesday	2 Thursday	3 Friday
MOW is closed and will not be serving at the nutrition sites on May 3 and May 27		Chicken Strips  Mixed Vegetables Tater Barrels Sun Butter Tropical Fruit Juice Brownie	Meatloaf w. gravy  Mashed Potatoes Carrots Slice of Bread Mixed Fruit Cup Lorna Doone Cookie	Salisbury Steak/ Gravy  Sweet Potatoes Mixed Vegetables Slice of Bread Sun Butter Diced Peaches Snack Bar
6 Monday	7 Tuesday	8 Wednesday	9 Thursday	10 Friday
Cheeseburger  Sweet Potato Puff Mixed Berry Crisp Slice of bread Sun Butter Orange	Pot Roast  Parslied Noodles Collard Greens Slice of Bread Sun Butter Diced Peaches Choc. Crème cookie	Cheeseburger Meatloaf  Baby Bakers California Vegetables Slice of bread Orange Juice Town house-crackers	Spaghetti & Meatballs  Italian Vegetables Spinach Slice of bread Sun Butter Fig bar	Baked Chicken w. Gravy  Herbed Dressing Broccoli & Cauliflower Slice of Bread Apple Juice Snack bar
13 Monday	14 Tuesday	15 Wednesday	16 Thursday	17 Friday
Cincinnati Chili & Spaghetti Shredded cheese Corn & Black Beans Cinnamon Apples Grape Juice Pineapple Cup	Country Fried Steak Scalloped Potatoes California Vegetables Slice of Bread Sun Butter Tropical Fruit Juice Nutri-grain bar	Sloppy Joe w/no bun  Green Beans Roasted Bakers Slice of bread Tropical Fruit Juice Cheese It Crackers	Boneless Chicken Bites  Au Gratin Potatoes Mixed Vegetables Slice of Bread Sun Butter Mixed Fruit Cup	Grilled Sausage w/Onion and Peppers Potato Wedges Mixed Vegetables Slice of Bread Apple Juice
20 Monday	21 Tuesday	22 Wednesday	23 Thursday	24 Friday
Sliced Turkey & Gravy  Mashed Potatoes Green Beans Slice of Bread Diced Pears Town house Crackers	Chicken Alfredo w/Penne Pasta Sliced Carrots Broccoli Slice of Bread Tropical Fruit Juice Snack Bar	Flame Broiled Beef Steak  Roasted Bakers Mixed Vegetables Slice of bread Peaches Brownie	Ham and Beans  Spinach Tator Tots Slice of Bread Apple Sauce Sun Chips	Lasagna Rollup w/Meat Sauce  Mixed Vegetables Apple Crisp Slice of Bread Apple Juice Graham Crackers
27 Monday	28 Tuesday	29 Wednesday	30 Thursday	31 Friday
Chicken Strips  Mixed Vegetables Tater Barrels Sun Butter Tropical Fruit Juice Brownie	Meatloaf w. gravy  Mashed Potatoes Carrots Slice of Bread Mixed Fruit Cup Lorna Doone Cookie	Salisbury Steak/ Gravy  Sweet Potatoes Mixed Vegetables Slice of Bread Sun Butter Diced Peaches Snack Bar	Cheeseburger  Sweet Potato Puff Mixed Berry Crisp Slice of bread Sun Butter Orange	Pot Roast  Parslied Noodles Collard Greens Slice of Bread Sun Butter Diced Peaches Choc. Crème cookie

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