

MENU RENAL FRIENDLY

Please call in your order at least 7 days prior to your delivery (513-244-5485)

BEEF ENTREES

BEEF PATTY

Steamed rice, baby carrots

SLOPPY JOE

Green beans, macaroni

FLAME BROILED BEEF STEAK

Noodles, mixed vegetables

POT ROAST

Noodles, green beans

MEATLOAF

Noodles, mixed vegetables

SALISBURY STEAK

Macaroni, green beans

POULTRY ENTREES

GRILLED CHICKEN

Noodles, Chateau vegetable blend

CHICKEN STRIPS

Baby carrots, steamed rice

SLICED TURKEY

Rice, green beans

BREAD

- Wheat bread
- White bread

DAIRY

- Skim milk
- 1% milk • 2% milk
- Chocolate milk
- Cheese

KEEP THIS MENU HANDY TO LOOK AT WHEN CALLING TO CHANGE YOUR ORDER

CUSTOMER CARE 513-244-5485 meals@muchmorethanameal.org

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.