# TITH <br> MEALS © WHEELS SOUTHWEST OH E NORTHERN KY 

# MENU 

RENAL FRIENDLY

Please call in your order at least 7 days prior to your delivery (513-244-5485)

## BEEF ENTREES

## BEEF PATTY

Steamed rice, baby carrots

## SLOPPY JOE

Green beans, macaroni
FLAME BROILED BEEF STEAK
Noodles, mixed vegetables

## POT ROAST

Noodles, green beans

## MEATLOAF

Noodles, mixed vegetables

## SALISBURY STEAK

Macaroni, green beans

- Wheat bread White bread


## POULTRY ENTREES

## GRILLED CHICKEN

Noodles, Chateau vegetable blend

## CHICKEN STRIPS

Baby carrots, steamed rice
SLICED TURKEY
Rice, green beans

| BREAD |  | DAIRY |  |
| :---: | :---: | :---: | :---: |
| - Wheat bread | - White bread | - Skim milk | - Chocolate milk |
|  |  | - 1\% milk | - Cheese |
|  |  | - $2 \%$ milk |  |

## KEEP THIS MENU HANDY TO LOOK AT WHEN CALLING TO CHANGE YOUR ORDER <br> CUSTOMER CARE 513-244-5485 meals@muchmorethanameal.org

While we do our best to accommodate your requested meal preferences, please be aware that orders may contain substitutions based on product availability.

